

WELCOME



Southern Crescent Traumatic Brain Injury Center

WHAT TO EXPECT DURING YOUR STAY



ARRIVAL

- UPON ARRIVAL WE WILL SHOW YOU TO YOUR ROOM & INTRODUCE YOU TO OUR HOSPITAL STAFF.
- A DETAILED ASSESSMENT OF YOUR MEDICATIONS AND REHABILITATION NEEDS WILL BE DONE.



MOVING AROUND

- WE ARE HERE TO HELP YOU WITH YOUR DAILY ACTIVITIES. OUR GOAL IS TO HELP YOU BECOME INDEPENDENT WITH THESE ACTIVITIES.
- PLEASE WEAR COMFORTABLE CLOTHING & RUBBER CLOSED TOE SHOES FOR THERAPY.



DAILY ROUTINE

- THERAPY IS A MINIMUM OF THREE HOURS PER DAY, FIVE DAYS PER WEEK BASED ON YOUR DIAGNOSIS & TOLERANCE LEVEL.
- 24 HR NURSING SERVICES
- PHYSICAL THERAPY
- OCCUPATIONAL THERAPY
- SPEECH THERAPY
- RESPIRATORY THERAPY



MEALS

- BREAKFAST: 8:15 A.M.- 9:15 A.M.
- LUNCH: 12:00 PM- 1:00 PM
- DINNER: 5:30 PM- 6:30 PM
- SNACKS: AVAILABLE BETWEEN MEALS



VISITATION

- NO OVERNIGHT STAYS
- MONDAY-FRIDAY 3PM-7PM
- SATURDAY-SUNDAY- 8AM-7PM



DISCHARGE PLANNING

- THE INTERDISCIPLINARY TEAM WILL MEET WEEKLY TO REVIEW YOUR PROGRESS. YOUR CASE MANAGER WILL PROVIDE YOU WITH AN UPDATE AND WORK WITH YOU TO DEVELOP YOUR CARE PLAN AND DISCHARGE PLAN.
- ANY TRAINING, EDUCATION & EQUIPMENT YOU MAY NEED WILL BE DISCUSSED PRIOR TO DISCHARGE.



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